Did You Know?

Senior Resources Available

Organized by: Montgomery Township Senior Volunteer Committee

Welcome to Montgomery Township! The Montgomery Township Senior Volunteer Committee has compiled a list of services that are currently offered to the Senior Community. This is not a complete list and the Committee is always open to suggestions of other services that are available. To add additional services to the list, please contact Stacy Crandell at 215-393-6900 or by email at scrandell@montgomerytwp.org with information about the service and contact information.

TABLE OF CONTENT

Page 2	Transportation Services
Page 2-3	Health Services
Page 4	Tax Assistance
Page 4	Assistance with Bills
Page 4-5	Assistance for Elder Abuse or Elder Safety
Page 5-6	Driving Services
Page 6-7	Veterans Resources
Page 7-8	Things To Do
Page 8-9	Senior Volunteer Organizations
Page 9	Other Senior Resources

TRANSPORTATION:

♣ SEPTA: SEPTA Senior Ride Free Program

- Senior ride free all day, every day on SEPTA Buses, trolleys, and subways with proper ID. On Regional Rail lines, seniors ride free if enrolled in either the PACE or ACCESS Program. Senior fare on Regional Rail lines are just \$1 if not enrolled in the programs. A block of ten discounted tickets may be purchased for \$8.50 at any rail ticket office or online at shop.septa.org.
- To Apply: Visit one of the SEPTA Customer Service Offices for your Seniors Ride Free Card. Local legislative offices and a variety of state agencies can also provide the necessary identification. For locations, call 215-580-7800.

Website: www.SEPTA.org

TransNet: The Shared Ride Program

- The Shared Ride Program is a reduced fare transportation program. Rides are provided in sedans or vans operated by local transportation companies.
- Reduced fares are available to riders who are willing to share their trip with other passengers. Persons 65 years of age or older are entitled to receive these trips and pay only 15% of the reduced, shared ride fares.
- To Register for Program: If you are eligible you should complete the registration form and return along with proof of age.

Suburban Transit Network, Inc.

Union Meeting Corporate Center 980 Harvest Drive, Suite 100 Blue Bell, PA 19422-1955 215-542-RIDE (7433)

Fax: 215-542-8877

Email: ride@suburbantransits.org

www.suburbantransit.org

HEALTH SERVICES:

♣ PDA- Senior Dental Care Program:

- The Senior Dental Care Program offers reduced cost dental care to eligible senior citizens by dentists who are members of the Pennsylvania Dental Association.
- To Apply: Mail in the registration form or register online at <u>www.padental.org</u> by clicking on the patients link on the left side of the screen.

Contact Info:

Pennsylvania Dental Association- Senior Dental Care Program

P.O. Box 3341

Harrisburg, PA 17105 Phone: (717)-234-5941

Fax: (717)-234-2186 www.padental.org

PACEPLUS- Prescription Assistance:

PACEplus will work together with Medicare Part D and Retiree Prescription
 Coverage to help reduce the cost of prescriptions.

o To Apply:

Apply online: http://PACECares.fhsc.com

Questions? Call Cardholder Services

1-800-225-7223 within PA 717-651-3600 outside PA

Application Fax Number: 717-651-3600

Email Address: PACECares@fhsc.com

Visiting Nurse Association Community Services:

 This organization helps seniors who are having a difficult time obtaining free or low-cost prescription medications.

Contact Information:

VNA -Community Services, Inc.

1421 Highland Avenue, Abington, PA

215-572-7880

VNA- Community Services, Inc.

1109 DeKalb Street, Norristown, PA

610-272-3373

www.vnacs.org

APPRISE:

 This State Health Assistance Program provides counseling for people with Medicare in Pennsylvania.

Contact Information:

Phone: 1-800-783-7067 (9AM-4PM)

http://www.aging.state.pa.us

Long Term Care Helpline: 1-866-286-3636 http://www.aging.state.pa.us/longtermcare

TAX ASSISTANCE:

Pennsylvania's Property Tax/Rent Rebate Program:

The Property Tax/Rent Rebate program benefits eligible Pennsylvanians age
 and older; widows and widowers age 50 and older and people with
 disabilities age 18 and older.

Contact Information:

PA Department of Revenue

Website: www.PaPropertyTaxRelief.com

Phone: 1-888-222-9190

AARP Tax-Aide:

• Free tax help for taxpayers with low- and middle-income, with special attention to those ages 60 and older.

Contact Information:

To locate a site near you February 1- April 15, please call 1-888-227-7669.

Website: www.aarp.org/taxaide (year-round assistance)

ASSISTANCE WITH BILLS:

↓ LIHEAP: Low-Income Home Energy Assistance Program

- LIHEAP helps low income families pay their heating bills. LIHEAP is a grant and it does not have to be repaid.
- LIHEAP offers both cash and crisis grants. Cash grants are for families who
 are paying their heating bills and crisis grants are for families who have an
 emergency and are in danger of being without heat.
 - Emergency situations include:
 - Having broken heating equipment. Like a furnace or leaking lines.
 - A fuel shortage that may leave you without heat.
 - Having utility service shut off.
 - If you have a heating emergency, please call your local county assistance office.
- How to apply: Apply online at <u>www.compass.state.pa.us</u>. Call the Statewide LIHEAP Hotline at 1-866-857-7095 or TDD for the hearing impaired 1-800-451-5886. Applications are also available at your local county assistance office, call 610-272-1752 for the County Office.

ASSISTANCE FOR ELDER ABUSE OR ELDER SAFETY:

♣ Elder Abuse Information:

- o Administration on Aging U.S. Dept. of Health and Human Services:
 - www.aoa.gov
- National Center on Elder Abuse:
 - www.elderabusecenter.org
- To report nursing home complaints, call the state Department of Health at: 1-800-254-5164
- To report elder abuse, call the Department of Aging's Elder Abuse Hotline at:
 1-800-490-8505
- The Women's Center of Montgomery 1-800-773-2424
- Pennsylvania Coalition Against Domestic Violence www.pcadv.org

Main Office:

1-800-932-4632 (PA Only)

1-800-537-2238 (National)

1-800-553-2508 (TTY)

Little Safety:

O If you receive a suspicious telephone or person to person offer, check it out with the police, call the Better Business Bureau or contact your local consumer protection office. For more information on consumer fraud, please visit <u>www.fraud.org</u> or call the Bureau of Consumer Protection at 1-800-441-2555.

Contact Information:

- Montgomery Township Police Department: 215-362-2300
- Better Business Bureau: (215)985-9313
- Montgomery County Consumer Affairs: 610-278-3565

DRIVING SERVICES:

♣ Handicap Placards or Plates:

- In order to obtain a handicap placard or plate, you must be certified disabled by a physician, or in some instances a police officer or the Veterans Administration Regional Officer Administrator for a service connected disability.
- To obtain a handicap placard, you must fill out form MV 145-A; there is no fee.
- To obtain a handicap plate, you must fill out form MV 145; the fee is \$7.50.
- o To apply and obtain paperwork:

You can obtain paperwork from your state representative's office or download the form from http://www.dmv.state.pa.us/pdotforms/mv_forms/mv-145a.pdf or http://www.dot4.state.pa.us/pdotforms/mv_forms/mv-145.pdf.

Retired Person's Vehicle Registration:

o If you are retired and receiving Social Security or other pension and your total annual income from all sources is \$19,200 or less, you qualify to register your car or light truck for a \$10-a-year fee instead of the annual \$36 fee.

Photo Licenses: Two-Year and Four-Year

PA driver licensing period is four years. However, people at least 65 have the option of obtaining a two-year license. The two-year license renewal fee is \$15.50 (\$25.50 for a license with a Class M motorcycle designation) compared to the regular four-year license renewal fee of \$26 (\$46 for a license with a Class M motorcycle designation).

Photo Identification Card:

- If you are a licensed driver and have discontinued driving, you may surrender your regular license at a Driver Examination Center and apply for a photo ID card, form DL-81. The photo ID card clearly indicates that it is not a driver's license. It remains valid for a period of four years and costs only \$10.
- The photo ID card is available free to drivers ordered by the department to surrender their driver's license or who voluntarily surrender their driver's license for health reasons that may affect their ability to safely operate a motor vehicle.

For more information on any of the above services from the Bureau of Motor Vehicles, please call 1-800-932-4600. Representatives are available from 7AM to 6:30PM or visit http://www.dmv.state.pa.us/.

VETERANS RESOURCES:

- Benefits & Information, Veterans: 1-800-827-1000
- **LANDER OF STATE OF S**
- 🖶 Education & Training: 1-888-442-4551
- 🖶 Helpline (Agent Orange & Gulf War): 1-800-749-8387
- ♣ Home Health Aide Program Coordinator, Marie Braun RN: 215-823-5800 ext. 4597

- 4 Home Loan Eligibility Center: 1-888-244-6711
- Homeless Veterans: 1-800-949-1001 ext. 4077 or 1-888-947-8789 (pager)
- 🖶 Montgomery County Office for Veterans: 610-278-3285
- 🖶 National Cemetery, Indian Gap: 1-717-865-5254
- 🖶 National Cemetery, Philadelphia: 1-609-877-5460
- **VA Life Insurance: 1-800-669-8477 or Veterans Group Life Insurance: 1-800-419-1473**
- 🖶 VA Medical Center, Allentown: 1-866-249-6472
- 🔱 VA Medical Center, Coatesville: 610-384-7711
- VA Medical Center, Philadelphia: 1-800-949-1001 or 215-823-5800
- 🖶 VA Medical Center, Willow Grove/Horsham: 215-823-6050
- 🖶 Veteran Health Care Hotline: 1-877-222-8387
- Veterans Funeral/Burial Costs: 1-800-827-1000

THINGS TO DO:

Horsham Township Library:

435 Babylon Road, Horsham, PA 19044

- The Horsham Township Library is a full-service, free of charge library, available to all Montgomery Township Residents. It is approximately 7 miles from the furthest end of the Township. The staff is friendly and helpful.
 - Hosts a book discussion group facilitated by the Reference Librarian the last Wednesday of the month from 6:45PM-8PM. To register call Sandra Courtney 215-443-2609 x202.
 - 9 computers for public use in the adult reference section. Inquire at the library desk.
 - A hot spot for those who wish to bring their laptops. In quire at the library desk.
 - Café Area

PEAK Center:

315 West Main Street, Lansdale, PA 19446 215-362-7432

- The PEAK Center is an actively center for all Montgomery County Residents
 55 years of age and over.
- o The center is located in Lansdale and can be reached by TransNET.
- This is not a daycare center but is accessible to wheelchair and walker clients who want to be active.
- o A low cost hot meal is served daily.

 Many trips, classes, games, and program are available for a \$20 membership fee, which includes a monthly newsletter and a free program membership to the YMCA (\$50 value).

♣ North Penn School District- Gold Card Program:

- O Any North Penn School District resident age 60 or older is eligible to be a member of the GOLD CARD CLUB. The GOLD CARD CLUB card is nontransferable. A GOLD CARD may be used for free admission to the musical, dramatic and athletic events sponsored by the school district. Card holders are also encouraged to enroll in the Community Education Program and the Community Aquatic Program for a variety of classes and recreational activities without paying the usual registration fees. Members are entitled to one class each term for no charge or at the GOLD CARD reduced rate.
- If you have a question about the GOLD CARD CLUB or wish to obtain a membership card, please call the Community Services Office at 215-853-1028 or 215-853-1029. Announcements about school district events may be heard by calling the district's INFORM-A-PHONE, 215-368-7663, or by watching Verizon-FIOS TV channel 28 and NPTV Comcast Cable channel 29.

SENIOR VOLUNTEER ORGANIZATIONS:

RSVP of Montgomery County:

- RSVP has been the critical link to help mature residents interested in community service find just the right challenge.
- For more information:
 - Administrative Office 350 Sentry Parkway, Bldg. 640, Suite 100 Blue Bell, PA 19422

Phone: 610-834-1040 Fax: 610-834-1087 www.rsvpmc.org

Senior Companion Program:

- Senior Companions are healthy older adults who help other seniors (60 years+) live independently. Individuals helped by the Senior Companions receive free:
 - Assistance with important daily tasks
 - Encouragement to remain active

- A helping hand to make sure they take their medicine
- A watchful eye to notice when they need extra care
- A friendship that can last a lifetime

Contact Information:

Family Services of Montgomery County 800 East Main Street Lansdale, PA 19446

Phone: 215-368-0985 ext. 13

OTHER SENIOR RESOURCE:

Benefits and Rights For Older Pennsylvanians: PA Department of Aging

 Obtain this booklet from the Township Building or State Representative's offices.

♣ Senior Directory- Free Senior Resource Guide:

 Free senior resource guide are available at most of the gathering places for seniors. For more information, please call 1-800-955-8510 or www.seniordirectory.com.

Montgomery County Office of Aging and Adult Services:

North Penn District Office 421 W. Main Street Lansdale, PA 19446 (215) 361-7931

CONTACT Greater Philadelphia

 A free daily telephone call to the elderly or homebound individual who lives alone.

Contact Information:

P.O. Box 167

Richboro, PA 18954

Phone: 215-355-6611

http://www.contactgreaterphiladelphia.org

http://www.caps4caregivers.org

Experience Works

 This organization helps trains people who are 55 years old or older who need to work. The program helps with training and finding employment opportunities for Seniors.

Contact Information:

1-800-854-1578

http://www.experienceworks.org