MONTGOMERY TOWNSHIP COMMUNITY & RECREATION CENTER

Where Friendship & Fitness Meet

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LETTER FROM THE CHAIRMAN

Dear Friends & Neighbors:

I write this letter as we await the latest "crippling" March blizzard. I sure am ready for spring as I am sure many of you are as well. Daylight Savings Time has arrived, allowing us all extra time in the afternoons and early evenings to be outside with our kids or pets, or to simply be outside and walk! It is this time of year that I am always reminded how fortunate I am to live here in Montgomery Township as we start to live outside again and enjoy all that we are offered as residents.

Our parks have never been better! They are continuously upgraded and are by far the most well maintained parks anywhere around! As you start to spend more time outside, check out our tennis courts and walking paths as new forms of exercise. Come out and watch the kids playing spring baseball, t-ball, softball or soccer. The kids always bring me joy as I watch them learn a new



sport, or even better learn how to be a good sport! The entertainment is free and you will surely enjoy yourself. A few more fabulous free perks we are so happy to offer include the new Spray Park at the Community and Recreation Center (CRC) – tons of wet fun for the kids once it's warm enough, the indoor walking/running track and the super basketball courts that have free open sessions for kids!

All of us on the Board of Supervisors are very proud of our Community and Recreation Center where we can offer so many great opportunities for all ages to be active—physically and mentally. Convenient to all, the CRC has a new affordable fee schedule for 2017 and offers dozens of programs for all ages. Group exercise classes are included in the membership rate and there is a wide offering of classes to suit the fitness needs of all. Beyond exercise, there are many fun events such as paint night- where you can let your inner artist out, Coloring Club, Silver Sneakers activities for older adults and so much more!

This is your Community and Recreation Center so please let us know if we are missing a program that you would like to see offered, I'm sure we can arrange it! Check out the schedule inside for upcoming community events such as the summer concert series, Autumn Festival, new seminars and all of the other programs offered at the CRC.

I happily encourage you to check out all that we offer! If you haven't seen our great parks, heard our kids screaming with joy, or walked a treadmill with a great view, then make 2017 your year! Please get out and get healthy—in body & mind!

Peace & Love!

Candyce Fluehr Chimera

CONTACT INFORMATION

Drop in at 1030 Horsham Road, Montgomeryville, PA 18936

Call us at 267-649-7200.

Visit our website at www.montcrc.com



Like us on Facebook by searching @MontCRC or Montgomery Township Community & Recreation Center. Follow Montgomery Township, PA on Twitter @MontTwp



HOURS:

 Mon - Thur:
 5:30am - 9:00pm

 Friday:
 5:30am - 8:00pm

 Saturday:
 8:00am - 6:00pm

 Sunday:
 9:00am - 5:00pm

Offering a Fitness Facility, Group Exercise Classes, Event Room Rentals, Multi-Use Gymnasium, and Recreation Programs For All Ages

Community & Recreation Cen

Montgomery Township



New Membership Opportunities Now Available!

Includes Fitness Facility , Group Exercise Classes, Indoor Track, and Program Discounts



Search @MontCRC



Search @MontTwp



Visit www.montcrc.com Call 267-649-7200 1030 Horsham Road, Montgomeryville, PA 18936

THE MEMBERSHIP EXPERIENCE

There's a reason for <u>EVERYONE</u> to enjoy the membership experience at Mont CRC.

The Fitness Facility: The Fitness Facility features state of the art LifeFitness cardio and strength training equipment which overlook the beautiful views of Montgomery and Bucks County. The treadmills, bikes, and ellipticals feature different scenic and exciting video courses to choose from to keep you entertained the whole way through your workout.





Beautiful views while working out!

Group Exercise Classes: There are 17 different Group Exercise Classes included with membership at Mont CRC. Visit page 10 to view the line-up.



Multi-use Gymnasium: The Multi-Use Gymnasium offers two full size basketball/volleyball courts (subdividable into four activity rooms). Members can drop-in and play basketball during all Open Basketball times. Open Basketball times can be viewed at www.montcrc.com.

The Youth Lounge: Pre-teens and teens can play air hockey, foosball, X-Box games and more in the Youth Lounge! The Youth Lounge offers a safe place for children to hang out and have fun.





Discounted Rates: Members enjoy discounted rates on preschool, youth, teen and adult recreation programs and activities.

Whether you're looking for that special fitness experience, pre-school programs, or something the whole family will love to do together, **Mont CRC has it ALL**.

Stop in for a tour today! (1030 Horsham Road, Montgomeryville, PA 18936)

New Membership Rates & Options

Membership includes the Fitness Facility, all Group Exercise Classes, the Indoor Walking/Running Track, and discounts on many recreation programs and activities for both children and adults.

Manufacture Datas	Resident*		Non-Resident	
Membership Rates	3-Month	Annual	3-Month	Annual
Individual Adult (ages 18-61)	\$60	\$200	\$75	\$260
Individual Youth (18 & under)	\$45	\$120	\$66	\$170
Individual Senior (62+)	\$45	\$120	\$66	\$170
Household (up to 5 members - Only 2 Adults and up to 3 Children under 18 per Household before additional charges apply)	\$126	\$400	\$150	\$525
Household of 2 (under 62)	\$102	\$350	\$126	\$475
Household of 2 (over 62)	\$60	\$200	\$75	\$275

Household Membership Add-Ons

Extra Child \$25 Annual Membersh		\$30 3-Month Membership
Extra Adult	\$30 Annual Membership	\$50 3-Month Membership

Grandchild Add-Ons (especially during summer)

\$30 per grandchild for 3-month period

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College Memberships	Township Residents	Non-Residents		
1 Month (Winter)	\$20	\$25		
2 Months (Longer Winter)	\$35	\$40		
3 Months (Summer Break)	\$50	\$60		





THREE WAYS TO BECOME A MEMBER:

- 1. Visit www.montcrc.com
- 2. Stop in to Mont CRC at 1030 Horsham Road, Montgomeryville, PA 18936
- 3. Call Mont CRC for online guidance at 267-649-7200.

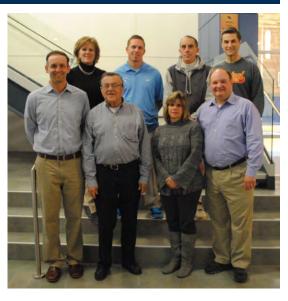
Discounts on Community Events

MONT CRC and Recreation Committees & Public Meeting Schedule

Montgomery Township Community & Recreation Center Advisory Committee

The purpose of the Community and Recreation Center Advisory Committee is to help identify the needs of the Community and Recreation Center. The Committee's goals include recommending recreational activities and programming as well as recommending plans and policies regarding the programs and services of the Community and Recreation Center.

Meetings: 2nd Wednesday of every month at 6:30 p.m. at Mont CRC (1030 Horsham Road, Montgomeryville, PA 18936)



Park & Recreation Board

The Park and Recreation Board is an advisory board to the Board of Supervisors on matters pertaining to the Township owned parklands and recreation programs. The Park and Recreation Board is responsible for recommending recreation programs for Township residents.

Meetings: 2nd Wednesday of every month at 7:30 p.m. at Mont CRC (1030 Horsham Road, Montgomeryville, PA 18936)

Senior Volunteer Committee

The Senior Volunteer Committee works with Township Staff and the Board of Supervisors to help give a voice to the growing senior community in the Township. The purpose of the Senior Volunteer Committee is to address the needs of the senior population in Montgomery Township. The committee's goals include providing senior citizens with information and connections to local resources, distributing accurate information and developing open communications to create an awareness of security, health and wellness. The committee will promote improved services for seniors by placing an emphasis on independence, self-sufficiency and by identifying their needs.

Meetings: 1st Wednesday quarterly (January, March, June, September, and November) at 7:00 p.m. at Mont CRC (1030 Horsham Road, Montgomeryville, PA 18936)

Senior Citizen Opportunities

Mont CRC offers many opportunities for senior citizens.

- Discounted membership rates (see page 4)
- Silver Sneakers programs. Please note the staff at Mont CRC cannot sign you up for Silver Sneakers. This can be done at www.silversneakers.com.
- Senior Seminars and Activities. From Coloring Club, to educational seminars, to crafting, there are many different senior programs available at no cost.



Interested in any of the above opportunities? Call 267-649-7200 or visit www.montcrc.com for more information.

Montgomery Township PARKS

PARKS & RECREATION - A Township Priority.



Montgomery Township is proud to offer 14 spectacular parks to choose from for you, your friends and family.

The Spray Park at Mont CRC

Details: Shade sail section with small sprinklers for young children, and section with larger sprinklers for the older, more active children. Open at no cost to the community and for ages 2-12.

Location: 1030 Horsham Road, Montgomeryville, PA 18936



The Accessible Playground at Mont CRC

Details: New playground comprised of innovative playground equipment for children of all abilities, located behind the Spray Park.

Location: 1030 Horsham Road, Montgomeryville, PA 18936



Applewood Park

Details: Undeveloped open field surrounded by deciduous woodlands.

Location: 101 Richardson Road, Lansdale, PA 19446

Acreage: 6

Autumn Woods

Details: Playground equipment - picnic tables - basketball court (half-court) - walking trail-paved loop starting from Richardson Road: 2,014 feet or slightly over 1/3 mile.

Location: 101 Richardson Road, Lansdale, PA 19446 (Located off of Richardson Road)

Acreage: 6

Bark Park

Details: Fenced-in, off-leash area designed for dogs to run and play.

Location: 1228 Welsh Road, North Wales, PA 19454 (behind Santander Bank)

Acreage: 1+

Fellowship Park

Details: softball/baseball field and soccer field with bleachers, four tennis courts, picnic area, basketball court, volleyball area, and playground equipment.

Location: 125 Meadowood Drive, Lansdale, PA 19446 (located at the end of Meadowood Drive)

Acreage: 13

Friendship Park

Details: Under construction. *Location:* (located off of Hartman Road) *Acreage:* 16 acres

Hourglass Park

Details: Large open space parcel in center of residential cluster development.

Location: 501 S. Stone Ridge Drive, Lansdale, PA 19446 (located at center of Stone Ridge development, Upper State and Fairacres Drive)

Acreage: 9

Memorial Grove

Details: Sundial, benches, and trail.

Location: (located off Kenas Road across from Oxford Lane)

Acreage: 27

Municipal Building Park (Gazebo Park)

Details: gazebo and walking trails.

Location: located behind the Township Building: 1001 Stump Road, North Wales, PA 19454

Acreage: 24



RESERVE A PARK! If you would like to reserve a park for an event, please contact the Montgomery Township Community & Recreation Center at 267-649-7200.

Natural Area

Details: walking and hiking paths. (Intentionally left natural to promote sustainability and environmental awareness. This also helps reduce erosion, encourages infiltration, provides a valuable habitat for wildlife, slows floodwaters, filters out chemical pollutants and litter, and improves overall water quality)

Location: 1011 Pecan Drive, Lansdale, PA 19446

Acreage: 36

Spring Valley Park

Details: two playgrounds, three baseball fields, softball field, two soccer fields, picnic pavilion (electricity available), restrooms (near pavilion), paved jogging/biking loop by baseball fields (2,287 feet or slightly less than $\frac{1}{2}$ mile), paved trail from baseball fields to tennis courts (1,604 feet or slightly less than $\frac{1}{3}$ mile), four tennis courts with lights, two basketball courts with lights, street hockey court with lights, sand volleyball court, paved parking lots, and two large naturalized basins.

Location: 200 Claremont Drive, Lansdale, PA 19446 (Accessible from Claremont Drive or Upper State Road)

Acreage: 63.7

Whispering Pines Park

Details: playground, basketball court, and street hockey court. **Location:** 200 Orchard Drive, North Wales, PA 19454 (Located off of Orchard Drive)

Acreage: 5

Whistlestop Park

Details: one multi-purpose field, one baseball field, one softball field with lights, four tennis courts with lights, street hockey court with lights, basketball court with lights, playground equipment with lights, gazebo.

Location: 88 County Line Road, Chalfont, PA 18914 (Located off of County Line Road by the railroad tracks) *Acreage:* 13

Windlestrae Park

Windlestrae's woodlands represent a large intact forest ecosystem which is home to a wide variety of native trees, wildflower species, birds, animals and aquatic life.

See all three sections below.

Total Acreage: 172 (total for all three sections)

William F. Maule at Windlestrae

Details: Three soccer fields (two fields with lights), four baseball fields (field 1 & 2 with lights), playground, walking trail, pavilion with lights, walking path connecting this section to Rose Twig (3,118 feet or slightly over ½ mile) and restrooms.

Location: 1147 Kenas Road, North Wales, PA 19454

Rose Twig at Windlestrae

Details: Playground, street hockey court, two soccer fields, three softball fields, two basketball courts & half-courts, four tennis courts, walking trail (2,158 feet or slightly less than ½ mile), pavilion, and batting cages.

Location: 1151 Kenas Road, North Wales, PA 19454

Zehr at Windlestrae

Details: Three soccer fields, walking path connecting Zehr Section to Rose Twig Section, and disc golf course *Location:* 1238 Stump Road, North Wales, PA 19454



The Event Rooms at Mont CRC

The Event Rooms make for the perfect space for any event. From birthday parties to business meetings to baby showers, we've got it covered.

Stop in or call 267-649-7200 for more information.

Information is also available at www.montcrc.com.



Facility Rental Fees:					
	Resident/ Non-Reside		Township Business	Non-Township Business	
□ Full Gymnasium (1 full court)	\$70 per hour	\$95 per hour	\$95 per hour	\$120.00 per hour	
Half Gymnasium (1/2 court)	\$45 per hour	\$65 per hour	\$65 per hour	\$80.00 per hour	
Full Event Room	\$70 per hour	\$95 per hour	\$95 per hour	\$120.00 per hour	
□ Half Event Room (A or B)	\$45 per hour	\$65 per hour	\$65 per hour	\$80.00 per hour	
Senior Lounge	\$45 per hour	\$65 per hour	\$65 per hour	\$80.00 per hour	
Youth Lounge	\$45 per hour	\$65 per hour	\$65 per hour	\$80.00 per hour	
Exercise Studio (large)	\$25 per hour	\$45 per hour	\$45 per hour	\$60.00 per hour	
Exercise Studio (small)	\$25 per hour	\$45 per hour	\$45 per hour	\$60.00 per hour	
Catering Kitchen	\$35 flat fee	\$35 flat fee	\$35 flat fee	\$35 flat fee	

Pre-School Programs

We offer a selection of pre-school programs at Mont CRC. These programs offer a fantastic way to keep your preschooler active all while kids and parents get to make new friends!

GYM CAPERS: Gym Capers is an open play group that allows parents and young children to engage in physical activities and meet new friends at the same time! Children will explore and play with scooters, tunnels, balance beams, and much more. This program is for ages 6 and under. Mont CRC members receive a discounted rate. Register by visiting www.montcrc.com or calling 267-649-7200.

TINY TYKES GYM: Tiny Tykes Gym allows kids to work on their motor skills, such as kicking and throwing, as well as their team work and sharing skills. Children will be exposed to a variety of activities each week including soccer, volleyball, relay races, obstacle courses and much more! This program is for children 2 to 5 years old. Mont CRC members receive a discounted rate. Register by visiting www.montcrc.com or calling 267-649-7200.

LEARNING SONG AND DANCE: Kids will have a blast learning new songs and dance moves as well as how to play different types of instruments in our Learning Song and Dance class. This program incorporates fun movement and listening activities to expose children



to the wonderful world of music at an early age! This program is for children 5 and under. Mont CRC members receive a



discounted rate. Register by visiting www.montcrc.com or calling 267-649-7200.

KIDZ ART: In this new program, children will participate in a different arts and crafts project each week. This is a great opportunity to learn new ideas for craft projects to do together at home and let your child explore their artistic talents at an early age. This program is for children ages 2 through 5. Mont CRC members receive a discounted rate. Register by visiting www.montcrc.com or calling 267-649-7200.

Got Questions? The staff at Mont CRC is happy to help. Call 267-649-7200.

Summer Concert Series on the Great Lawn

2017 Summer Concert Series

All concerts will be held on the outside stage at the <u>Community & Recreation Center</u> (1030 Horsham Rd, Montgomeryville, PA 18936). All concerts are held on Thursday nights, June through August, from 7:00 p.m. to 8:15 p.m. In the event of inclement weather, concerts will be moved indoors into the Community & Recreation Center.

June 22: Bob T & the T-Bones

Back by popular demand! Bob Tomlinson has been performing throughout Bucks and Montgomery counties for many years. Bob T & the T-Bones Band is made up of veteran musicians who specialize in Classic Rock and Pop, Country, Reggae and Roots music! Come out and sing and dance to the sound of the T-Bones Band!

June 29: Montgomery County Jazz Band

The Montgomery County Jazz Band strives to continue the musical excellence of the Montgomery County Concert Band connecting with audiences through a big band venue. The Jazz Band plays a wide variety of the big band styles of Glenn Miller, Stan Kenton, & Maynard Ferguson to name a few.

July 6: No Concert due to Holiday

July 13: Montgomery County Community Band

Band members come from a variety of professions and backgrounds from educators and homemakers, to the business world and health care. Many members continued to play in groups beyond the school setting through the years, and many have joined MCCB to rekindle their love of playing band music. The band's repertoire ranges from standard and contemporary literature for band to the Broadway stage, classical transcriptions, marches, and patriotic medleys.

July 20: Mike Greer & Co.

This talented 5-piece band performs a variety of Classic Rock and Modern Rock hits with an acoustic core – they play the songs you love to sing to. Known for their beautiful, soulful vocals, their expert musicianship and vibrant energy will make you want to sing along and get up and dance.

July 27: Elvis by Dean Garofolo

Ladies and gentlemen, Elvis is in the building! Dean Garofolo is an authentic Elvis impersonator, and will be performing Elvis' greatest hits. Dean won the Dick Clark contest for best Elvis impersonator and has been impersonating Elvis for many years.

August 3: Chico's Vibe

"Chico's Vibe", voted "Best Live Band", is the premiere nine-piece event band on the East Coast. The Vibe has been the focal entertainment at some of the most prestigious events in the Philadelphia area, including the 150th Academy Ball for the Academy of Music (attended by England's Prince Charles.) Our musical stylings span all decades and genres from Etta James and the Beatles to Billy Joel and Justin Timberlake.

August 10: Little Red Rooster Blues Band

Like fine wine, The Little Red Rooster Blues Band just seems to get better with age. Founded in 1988, the band has successfully developed their own sound through interpretations of traditional Chicago Blues and West Coast Jump Blues. Over the years, the band has consistently performed their high energy brand of blues in many renowned clubs and festivals. Their performance mission is simple: To entertain and leave them hungry for more.

August 17: Rave On!

Rave On! is a band that features the music of Buddy Holly and Roy Orbison, playing hits like *"That'll Be The Day", "Peggy Sue"* and *"Pretty Woman"*, along with other classic, early rock-n-roll songs. This is the music that paved the way for rock-n-roll and influenced the Beatles, The Rolling Stones, Bob Dylan, and countless other artists.



Montgomery Township would like to thank the businesses that appear in this Guide and to recognize each of them as supporters and cornerstones of our community. Because of their contributions, this Guide has been produced at no charge to our residents.

Events Happen HERE!

We offer a very wide array of events at Mont CRC throughout the course of the year. Below you'll see some of our most common and popular events!

Seasonal: Spring Carnival, Easter Egg Hunt, Summer Concert Series, Autumn Festival, and Breakfast with Santa.

Reoccurring: Coffee with a COP, Daddy/Daughter Workshop, Family Game Night, Super Hero Party, Princess Party, and Parents Night Out (we watch the kids)!

Many events and programs are added throughout the course of the year, so be sure to like us on Facebook @MontCRC and visit www.montcrc.com to stay up to speed.





GET YOUR GROUP EXERCISE ON!

We have 17 different Group Exercise Classes to choose from at Mont CRC, because we know everyone has a different definition of fitness. Check out the current class options below (*subject to change*) and be sure to visit www.montcrc.com or call 267-649-7200 for a class schedule.

- Balance, Core & More
- Evening Flow Yoga
- Express Ab Attack
- Express Body Blast
- Express Cardio Kickboxing
- Express 10/10/10
- · Pilates and Barre Fusion
- Silver Sneakers Programs Offered: Cardio Circuit, Classic, and Yoga
- Spin
- Strength and Toning

- Tai Chi
- Zumba
- Zumba Toning
- Zumba Gold and Zumba Gold Toning (lower impact Zumba)







AUTUMN FESTIVAI



Save the Date!

DATE: Saturday, October 7, 2017

TIME: 12:00 p.m. to 5:00 p.m.

LOCATION: Montgomery Township Community & Recreation Center (1030 Horsham Road, Montgomeryville, PA 18936)



CONNECT: Like us on Facebook @MontCRC for Autumn Festival details, attractions, and contests as we get closer to the fall season!



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Montgomeryville, PA 19454



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SPRING 2017 ISSUE



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