Trail Etiquette

Cyclists

1. Be courteous—trails are for all users
2. Keep right (except to pass)
3. Ring a bell or politely call out “on your left” when passing
4. Give ample room when passing
5. Keep your speed down and enjoy the view
6. Stay single file during busy times
7. Yield right-of-way to other trail users

All Users

1. Keep right, walk no more than two abreast
2. Stay alert, faster trail users need to pass
3. When stopped, step off the trail
4. Keep dogs on a leash and clean up after your dog
5. Share the trail; be considerate of all users

OUT AND ABOUT – URBAN RIDING BASICS

The Basics

- A bike is a legal vehicle with the same rights and duties as a motor vehicle.
- Obey all traffic signs, signals and right-of-way.
- Always wear your helmet.
- Wear bright colored clothing.
- Keep pant legs and shoelaces out of moving parts.
- Use a white front light and rear red light from dawn to dusk.

Riding skills

- Practice looking over your shoulder, this helps you keep an eye on traffic while keeping a straight line.
- Keep a look out for potholes, glass, puddles and opening doors.
- Leave plenty of space between you and the vehicle in front of you.

Hand Signals

- Left
- Stop/Slow
- Right

Sidewalks

- Walk your bike on the sidewalk. It’s the law and riding puts you and other users in danger. Cyclists double their chances of a crash by riding on sidewalks; pedestrians and cars don’t expect to see you there.

Lane positioning

- Ride in the right wheel line of a lane if there is no bike lane or wide shoulder.
- Stay out of the door zone, ride 4 feet away from parked cars.
- Keep a straight line; don’t weave in and out of parked cars.

Ride with Traffic

- Make Physics Work for You: Two objects moving towards each other have a faster closing speed than two objects moving in the same direction.